

What can I do?

If you have been the victim of a sexual offence, you are in exceptional circumstances, both physically and emotionally.

You can take the time you need to decide whether or not to report the offence to the police. What is important is that possible traces of the crime (e.g. semen, injuries) are preserved immediately so that they can possibly serve as evidence later in court.

You should in any case undergo a medical examination, even if you don't notice any visible injuries!

ASS – what is that?

Through the **anonymous securing of evidence following a sexual offence** ('Anonyme Spurensicherung nach Sexualstraftaten', ASS), you can preserve traces of the crime as evidence for a later court case, without immediately having to file charges. The traces are stored anonymously for ten years.

Clinics in the district of Mettmann

St. Martinus Krankenhaus Langenfeld
Klosterstraße 32 | 40764 Langenfeld

St. Marien Krankenhaus Ratingen
Werdener Straße 3 | 40878 Ratingen

Ev. Krankenhaus Mettmann
Gartenstraße 4 – 8 | 40822 Mettmann

St. Josefs Krankenhaus Hilden
Walder Straße 34 – 38 | 40724 Hilden

Helios Klinikum Niederberg
Robert-Koch-Straße 2 | 42549 Velbert

Counselling and support

SKFM Mettmann e.V.

**Specialist counselling centre
against sexualised violence
for the district of Mettmann**

Neanderstraße 68–72
40822 Mettmann

Telephone 0 21 04. 14 19 - 226
sexualisiertegewalt@skfm-mettmann.de
www.skfm-mettmann.de



Anonymous securing of evidence following a sexual offence (ASS)



SKFM

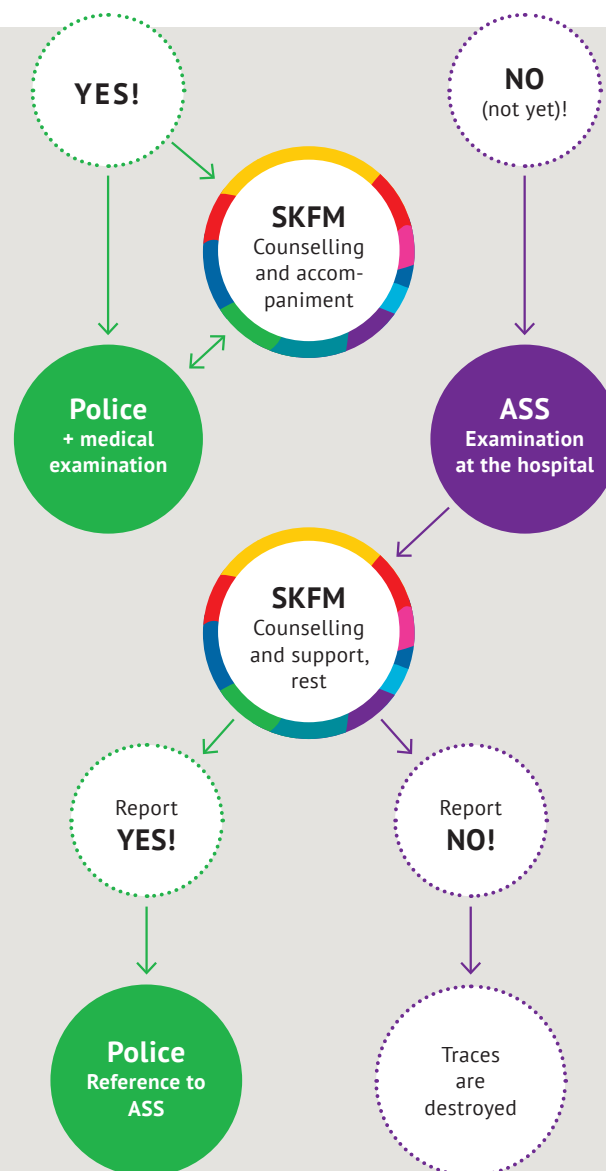
Preserving evidence

Police report?

Breaking the silence

Steps in anonymous securing of evidence (ASS):

- If at all possible, don't shower or wash!
- If you suspect you were drugged, collect a sample of your urine in a clean container.
- Take with you the clothes you were wearing. (Don't forget to take a change of clothes!)
- Go to one of the five district hospitals listed.
- Ask someone to accompany you, for example an expert counsellor from SKFM Mettmann.
- If you don't (yet) want to report the offence to the police, request the anonymous securing of evidence (ASS) at the hospital.
- If needed, you will receive counselling and support from the SKFM specialist counselling centre against sexualised violence. If you decide to report the offence, the counsellors will accompany you to the police.
- If you don't want to file a report, the traces will be automatically destroyed after ten years.



Counselling and support

The specialist counselling centre against sexualised violence of SKFM Mettmann e. V. will advise you in anonymous securing of evidence.

If you wish, the expert counsellors will accompany you to the important medical examinations and to the police. The specialist counsellors will also support you in processing your experiences and will put you in contact with other institutions.

The ASS network receives support from:

- Gender equality officer, district of Mettmann
- Domestic violence round table, district of Mettmann
- Victim protection programme of the police, district of Mettmann
- Institute of Forensic Medicine, Düsseldorf

ASS was developed based on the model of the same name in the Bonn/Rhein-Sieg area.

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